

## Wellness Policy Review July 2016

PK-2nd grade- 15 minute recess before school

15 minute morning recess

45 minute lunch/ recess

3<sup>rd</sup>-5<sup>th</sup> grade- 15 minute recess before school

45 minute lunch/ recess

Physical Education 4x/ week

MS/HS- Physical Education available for all grades

Extracurricular sports with no cuts

Soda machines removed except in teacher lounges.

Food service staff trained as required by law.



A handwritten signature in black ink, followed by the date "7-9-16". The signature is stylized and appears to be written over a horizontal line.